

# **OCTOBER**

2021

## **HARRISON Elementary Schools**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	$\vdash$
NATIONAL FARM to SCHOOL MONTH				Pizzeria Pizza	1
Cheese Pizza	Baked Ziti w/ a Split Top Dinner Roll	All-Beef Hot Dog on a Bun	7 General Tso's Chicken w/ Vegetable Fried Rice	Cheese Pizza	8
COLUMBUS DAY <sup>11</sup> SCHOOLS CLOSED	12 Macaroni & Cheese w/ a Split Top Dinner Roll	Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops	Cinnamon-Glazed French Toast Sticks	Pizzeria Pizza	15
18 Breaded Chicken on a Bun	Breaded Mozzarella Sticks	20 Pasta w/ Meatballs & a Split Top Dinner Roll	Chicken Fajita w/ Vegetable Fried Rice	Cheese Pizza	22
Cheese Pizza	26 100% Beef Burger or Cheeseburger on a Bun	French Toast Sticks	CELEBRATE 28 HALLOWEEN! Mummy Hot Dog w/ Ghostly Mashed Potatoes or Boo Burger w/ Monster Cheese Halloween Pretzel	Pizzeria Pizza	29

## Also Available Daily:

Bagel & Yogurt Lunch w/ a Cheese Stick Grilled Chicken Caesar Salad w/ a Roll

## **Assorted Sandwiches**

Italian Hero Weeks 5 &1 Turkey & Cheese Sandwich Weeks 6 & 2 Ham Sandwich Week 3







**Locally Grown Peas** 



## Free meals for all students\*



At least 50% of All Grains served w/ your meal are Whole Grain Rich



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

#### **A Complete Lunch Includes:**

Entrée (with Protein/Grain)

## **Trip to The Farm Stand**

(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

## Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

> "This institution is an equal opportunity provider."