

# HARRISON HIGH & MIDDLE SCHOOL – NOVEMBER 2021



Free meals for all students



## AVAILABLE DAILY

Monday 1	Popcorn Chicken w/ a Split Top Dinner Roll	<i>Deli Central</i>	Pre-Made Assorted Grab & Go Sandwiches
Tuesday 2	NO SCHOOL		Assorted Specialty Pizzas
Wednesday 3	Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops	<i>AMERICAN GRILLE</i>	All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on a Bun Hamburger on a Bun Hot Dog on a Bun
Thursday 4	<b>NJEA Convention No School</b>	<i>FRESH FARMISTAND</i>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i>
Friday 5			

**PIZZA ZONE**

*Daily Dish*



**FOOD ALLERGIES**

Allergy Aware menus are available for students w/ food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance w/ the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

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Daily Dish

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Monday 8	Boneless Chicken Wings w/ a Split Top Dinner Roll	<i>Deli Central</i>	Pre-Made Assorted Grab & Go Sandwiches
Tuesday 9	Grilled Cheese Sandwich		Assorted Specialty Pizzas
Wednesday 10	Cheesesteak Hero	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on a Bun Hamburger on a Bun Hot Dog on a Bun
Thursday 11	3-Cheese Cavatappi Pasta w/ a Split Top Dinner Roll		
Friday 12	Cheese Pizza	<b>FRESH FARMSTAND</b>	Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll

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Monday 15	All-Beef Hot Dog on a Bun	<i>Deli Central</i>	Pre-Made Assorted Grab & Go Sandwiches
Tuesday 16	Baked Ziti w/ a Split Top Dinner Roll <b>or</b> Pasta w/ Meat Sauce & a Split Top Dinner Roll		Assorted Specialty Pizzas <b>PIZZA ZONE</b>
Wednesday 17	Sweet & Sour Chicken Bowl	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on a Bun Hamburger on a Bun Hot Dog on a Bun
Thursday 18	<b>Thanksgiving Lunch</b> Turkey w/ Gravy, Mashed Potatoes & a Turkey-Shaped Pretzel		<i>Daily Dish</i>
Friday 19	Pizzeria Pizza	<b>FRESH FARMSTAND</b>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered w/ a Roll</i>



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Daily Dish

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Monday 22	Chicken Nuggets w/ a Split Top Dinner Roll	<i>Deli Central</i>	Pre-Made Assorted Grab & Go Sandwiches
Tuesday 23	Macaroni & Cheese w/ a Split Top Dinner Roll	<i>AMERICAN GRILLE</i>	Assorted Specialty Pizzas
Wednesday 24	Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops		All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on a Bun Hamburger on a Bun Hot Dog on a Bun
Thursday 25			<i>Daily Dish</i>
Friday 26		<i>FRESH FARMSTAND</i> Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll	



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<p><b>Monday 29</b></p>	<p>Breaded Chicken on a Bun</p>	<p><i>Deli Central</i></p> <p>Pre-Made Assorted Grab &amp; Go Sandwiches</p>
<p><b>Tuesday 30</b></p>	<p>3-Bean Vegetarian Chili w/ Corn Bread</p>	<p>Assorted Specialty Pizzas</p> <p><b>PIZZA ZONE</b></p>
		<p><b>AMERICAN GRILLE</b></p> <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on a Bun Hamburger on a Bun Hot Dog on a Bun</p>
		<p><b>FRESH FARMSTAND</b></p> <p>Assorted Grab &amp; Go Salad Specials Assorted salad selections are offered w/ a Roll</p> <p><i>Daily Dish</i></p>



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